

Lunch Break

An alternative to the tuna sandwich

« Previous Post
Next Post »

All Posts

Lunch at Bar-B-Cutie

December 16th, 2011, 4:34 pm · 6 Comments · posted by Amy Nichol Smith



One thing Texas will never fall short on is variety of barbecue restaurants. Whether the eateries are homegrown or franchises, the south is known for smoked meat slathered in sauce.

The latest one I tried is the Tennessee-style barbecue of Bar-B-Cutie.

When I ordered the smoked turkey sandwich, I wasn't thinking of how healthy my choice really was and how that choice afforded me the calories to justify adding an order of fried okra.

I probably shouldn't even mention the bun since it's really just a carrier for the meat, but the soft bread worked well with mopping up the yummy sauces offered on every table at Bar-B-Cutie.



There's mild, sweet, hot and Carolina. I tasted the mild just to be polite, and then moved on to the hot, which was definitely spicy, but not what I wanted at the time. The sweet sauce was thick and dark, clearly tomato based and probably sweetened with molasses. Then I realized what needed to happen: sweet and hot together. Perfect.



The Carolina sauce has a mustard and vinegar base which made my lips pucker in a pleasant way.

Thankfully, my lunch partners ordered a baked potato with brisket and onion rings, so I got to taste these, too.

Yes, the potato is topped with what seems like a pound of cheddar cheese and even more brisket. Let's talk about the potato itself, though. Go early for lunch and you'll likely get one of the fluffiest, tastiest baked potatoes ever. That said, the brisket was sweet, tender and



delicious.

My friend's aunt raved about the onion rings. That's part of the reason we went to Bar-B-Cutie in the first place. And she's right to rave. The batter used is flavorful, but more importantly, the onion rings are incredibly crunchy. For me, a good onion ring is all about the texture.

I wouldn't put Bar-B-Cutie on my regular restaurant list only because I like a lot of smoke in my turkey. I also prefer my turkey a bit more moist. However, it's a good place to stop for lunch if you're in North McAllen.

Bar-B-Cutie is located at 7517 North 10th Street in McAllen.

Who has the best exotic cuisine in the Valley? I have a few places I'd like to try, but I'd like to hear your suggestions.

Happy Lunching!

Posted in: American • barbecue • local • lunch • mcallen • RGV